



**LOUDOUN HOLISTIC
HEALTH PARTNERS**
EXPERT CARE FOR TOTAL WELLNESS

Membership Information Packet (2020 - 2021)

Questions? Contact us at:

Loudoun Holistic Health Partners, 209 Old Waterford Rd. N.W., Leesburg, VA 20176
Phone: (703) 779-2801 Email: info@loudounholistic.com

Visit our website: Loudounholistichealthpartners.com
Follow us on Facebook: Facebook.com/LoudounHolistic

Thank you for your interest in Loudoun Holistic Health Partners' (LHHP) Personalized Medicine Program!



Loudoun Holistic Health Partners is a patient-centered medical practice that offers access to high-quality holistic medical care for each of our member patients.

We intentionally limit the number of patients we accept into our practice so that we can give each patient unhurried appointments as well as our complete, compassionate and undivided attention at every visit.

This information packet will help you decide if LHHP Personalized Medicine membership is right for you.

If, after reviewing the enclosed information, you would like to join our Personalized Medicine Program, you can submit your membership application via our website at <https://loudounholistichealthpartners.com/membershipapplication/>. We will email you the required membership forms upon receipt of your online application.

If you have questions after reviewing this packet, please call our office during regular office hours (Monday - Friday, 8 AM – 4 PM) and ask to speak with Gelynn, our Membership Coordinator. She will be happy to answer your questions. We look forward to assisting you and your loved ones in experiencing peak health so that you can enjoy life to the fullest.

Best wishes,

David Stewart, M.D. Anne Stewart, M.D.

LHHP Membership Payment Plans

	Monthly Plan	Annual Plan
SUPPORT	\$2500 (\$208.33/month)	\$2250 (Save \$250)
RESTORE	\$5000 (\$416.67/month)	\$4500 (Save \$500)
OPTIMIZE	\$15,000 (\$1,250/month)	\$13,500 (Save \$1,500)
VITALITY	N/A	\$240

LHHP Personalized Medicine Membership Levels

SUPPORT MEMBERSHIP

The Support Membership is designed for persons who have not experienced any chronic medical condition(s) for at least two (2) years. The goal of this program is to provide care and services for supporting and maintaining the overall health and wellness of members.*

RESTORE MEMBERSHIP

The Restore Membership is designed for patients who are experiencing chronic medical conditions such as diabetes, heart disease, Lyme disease, etc. This membership level offers members a true primary care relationship with their LHHP doctor and health care team with the goal of fully restoring their health, wellness and vitality. Using the powerful potential of **UNLIMITED** time with their doctor, Restore members strive to experience the restoration of health and wellness. The Restore membership also includes the annual comprehensive Executive Wellness Examination, LHHP Mobile Wellness Coaching, and other benefits.*

** OPTIMIZE MEMBERSHIP **


The Optimize Membership provides the ****ultimate value**** for individuals who are either (1) experiencing a chronic/serious medical condition and are fighting to restore their health, or (2) seeking to achieve/maintain a truly elite level of health and/or optimize their athletic performance. The Optimize Membership includes many more wellness services than those offered through our other memberships. With **UNLIMITED** physician time, our annual Executive Wellness Examination, IV micronutrient infusions, and many other benefits, Optimize members may truly achieve optimal health and wellness.*

VITALITY MEMBERSHIP

Vitality members receive **discounts on a range of LHHP wellness services and nutritional supplements**. The ***Vitality Membership*** includes **one complimentary Myer's cocktail, In-Body™ Body Composition Analysis, and Infrared Sauna**. The ***Vitality Membership*** DOES NOT include any care, direct or indirect, by practitioners of Loudoun Holistic Health Partners, PLLC.*

* LHHP reserves the right to decide whether a patient qualifies for admission to the Support Membership or is more appropriately placed in the Restore Membership or Optimize Membership based on their current medical condition, medical history, and anticipated utilization of LHHP services. At its discretion and based on the member's medical condition and utilization of LHHP services, LHHP may require a member to change membership type during an active membership term. See the Membership Benefits and LHHP Service Fee tables on the following pages for details.

Member Benefits Comparison

 LOUDOUN HOLISTIC HEALTH PARTNERS <small>EXPERT CARE FOR TOTAL WELLNESS</small>	SUPPORT	RESTORE	OPTIMIZE <small>(BEST VALUE)</small>
Executive Wellness Exam	NO*	YES	YES
Physician Hours [In-office/remote] (Year)	3*	UNLIMITED	UNLIMITED
IV Myer's Cocktail (Year)	0*	0*	UNLIMITED
IV Vitamin C (Year) <small>(25,000mg)</small>	0*	0*	24*
InBody™ Scan (Year)	0*	UNLIMITED	UNLIMITED
Infrared Sauna (Year)	0*	UNLIMITED	UNLIMITED
Nudge™ Mobile Health Coaching	0*	UNLIMITED	UNLIMITED
Nutrition Consult (Year)	0*	0*	3*
Additional Benefits	Supplement Discounts, Free Admission to LHHP Seminars, Members-Only Web Page, and More!		
* All members may purchase additional services in single and package quantities.			

Personalized Medicine Services Fee Schedule[§]

These fees shall apply to services received in excess of the number allotted for each service per plan year.

(See Membership Benefits Comparison above for services included with each Membership Category.)

SERVICE	NON-MEMBER	VITALITY	SUPPORT	RESTORE	OPTIMIZE
Physician Consultation (per hour)	N/A	N/A	\$750	\$0	\$0
Executive Wellness Examination (per year)	N/A	N/A	\$1229	N/A	N/A
❖ Myers' Cocktail Infusion	\$129	\$99	\$99	\$79	N/A
❖ Vitamin C Infusion* (25,000mg)	\$149	\$119	\$119	\$99	\$79
❖ Phosphatidylcholine Infusion* (250mg)	\$119	\$99	\$99	\$79	\$59
❖ Iron Infusion (single vial) [#]	\$199	\$169	\$169	\$129	\$109
❖ Recover-Aid Infusion	\$249	\$219	\$219	\$189	\$169
❖ Chronic Wellness Infusion* [#]	\$309	\$269	\$269	\$219	\$189
❖ Chelation Therapy* [#]	\$229	\$189	\$189	\$149	\$119
❖ Magnesium Infusion* (500mg)	\$89	\$59	\$59	\$39	\$39
❖ Glutathione Infusion* (100 – 1200mg)	\$89	\$69	\$69	\$49	\$39
❖ IV Add-Ons					
➤ Myers' Cocktail	\$60	\$55	\$55	\$50	N/A
➤ Amino Acids	\$10	\$10	\$10	\$10	\$10
LHHP Mobile Wellness Coach (Per month)	\$69	\$49	\$49	\$0	\$0
Infrared Sauna Session	\$29	\$19	\$19	\$0	\$0
InBody™ Body Composition Analysis	\$49	\$29	\$29	\$0	\$0
Nurse/Injection Visit	N/A	N/A	\$39	\$0	\$0
Nutritional / Herbal Supplement Discounts	N/A	5% - ONLINE PURCHASES 10% - PURCHASES IN LHHP OFFICE			

[§]Prices subject to change at any time without notification. *Prices for some treatments vary according to the dosage administered. [#]Requires an order from a licensed practitioner.

Members-Only Services Fee Schedule[§]

SERVICE	SUPPORT	RESTORE	OPTIMIZE
ECG (ELECTROCARDIOGRAM)	\$100	\$69	\$49
CEFTRIAZONE INJECTION*	\$		
KETOROLAC INJECTION*	\$30	\$20	\$10
SOLUMEDROL INJECTION*			
URINALYSIS			
RAPID STREP TEST	\$35	\$20	\$10
CERUMEN (EAR WAX) REMOVAL	\$75	\$35	\$25
IODINE PATCH TEST	\$35	\$0	\$0
ORAL ZINC TASTE TEST	\$35	\$0	\$0
NEBULIZER BREATHING TREATMENT*	\$75	\$50	\$30
HOME SLEEP STUDY	\$400	\$200	\$50
24-HR BLOOD PRESSURE MONITOR	\$200	\$150	\$100
CRYOTHERAPY (PER WART/LESION)	\$125	\$79	\$49
LACERATION REPAIR (SIMPLE)	\$250	\$175	\$100
SKIN BIOPSY (SIMPLE)	\$250	\$200	\$125
JOINT INJECTION (LARGE [KNEE])*	\$225	\$175	\$125
JOINT INJECTION (MEDIUM [SHOULDER])*	\$200	\$150	\$100
JOINT INJECTION (SMALL [FINGER])*	\$175	\$125	\$75
INJECTION TENDON/BURSA*	\$175	\$125	\$99

[§]Prices subject to change at any time without notification.

*Prices for some treatments vary according to the dosage administered.

Members-Only Services Fee Schedule[§]

SERVICE	SUPPORT	RESTORE	OPTIMIZE
FECAL OCCULT BLOOD TESTING	\$100	\$75	\$40
AUDIOMETRY (Hearing Test)	\$50	\$35	\$20
SPIROMETRY (Breathing Test)	\$200	\$100	\$60
ABI ARTERY HEALTH TEST	\$150	\$100	\$50
TB SKIN TEST	\$30	\$20	\$10
GLUCOSE (FINGERSTICK TEST)	\$35	\$20	\$15
TRIGGER POINT INJECTION (UP TO 3)	\$175	\$125	\$90
URINE PREGNANCY TEST	\$50	\$35	\$20
TETANUS SHOT	\$125	\$75	\$50
ADMINISTRATIVE SERVICE FEES[§]			
LOST TICKET FEE	\$25	\$0	\$0
LAB PROCESSING FEE	\$50	\$0	\$0
FAILED ACH/CREDIT CARD FEE	\$50	\$35	\$35
CREDIT CARD PROCESSING FEE	3.5%	3.5%	3.5%
MEDICATION PRIOR AUTHORIZATION	\$50	\$0	\$0
PHYSICIAN LETTER	\$50	\$0	\$0
FORM COMPLETION	\$25	\$0	\$0
RECORDS COPY	\$25 + \$0.2 per page	\$0	\$0

[§]Prices subject to change at any time without notification.

*Prices for some treatments vary according to the dosage administered.



1. **Executive Wellness Exam and Lab testing:** Services provided during Executive Wellness Examination will be age/gender appropriate and at the discretion of your LHHP provider and may not include all services. Choice of laboratory testing will be determined by your physician in collaboration with you. All insurance claims and customer billing will be handled by the specific laboratory. Depending on the laboratory, fees may or may not be billed directly to your insurance. Laboratory fees are not included in the annual fee. Some laboratories require advance payment of fees which may need to be provided at the time of your blood draw.
2. **Contacting your doctor after hours:** After-hours communication with your LHHP provider via text or telephone call is limited to urgent medical matters.
3. **House calls:** Membership package may include access to house call visits when available and deemed appropriate by your physician. Travel time will be included in fee for house calls.
4. **Same-day appointments:** Same day appointments are for urgent medical care only and limited to published LHHP office hours. Standard LHHP fees apply to same day appointments.
5. **Substitution/Transfer of Services:** Not all services included in the LHHP Personalized Medicine Membership are appropriate for all ages and/or all persons. All LHHP services, including those included in Personalized Medicine Membership, require approval of an LHHP provider. **No substitution or transfer of services allowed.**
6. **Insurance companies:** Engagement by LHHP providers/staff with your medical specialists and/or health insurance company does not, in any way, guarantee that your request(s) for medical care/services will be accepted/authorized by the medical specialist(s) and/or health insurance company. LHHP reserves the right to decline to participate in, or pursue, communication/approval/authorization with any entity when it determines said activity to be against the best interests of LHHP staff/providers or members.



7. **New Patient Appointment:** Since opening, LHHP has charged a higher office visit fee for a new member's first appointment. Traditionally, new members require more time and attention from all LHHP staff. Therefore, new LHHP Personalized Medicine members require a *New Patient Appointment* prior to receiving further Personalized Medicine Member services, including the Executive Wellness Exam. The *New Patient Appointment* will allow your LHHP physician to become familiar with your medical history and wellness needs/goals. **The New Patient Fee is \$750 for Support members. The New Patient Fee is waived for Restore and Optimize members.**

8. **Membership Cancellation: LHHP Personalized Medicine Membership Fees are non-refundable and may not be prorated.** When you sign up for an LHHP Personalized Medicine membership, you are committing to pay for a full 12 months of membership, even if you decide to terminate your membership before the completion of your membership term. LHHP strictly limits the number of members we accept during each membership term to ensure a superior quality of care for each member. When a member chooses to terminate their membership before the completion of their membership term it has a significant negative financial impact on our medical practice.