



**LOUDOUN HOLISTIC  
HEALTH PARTNERS**  
EXPERT CARE FOR TOTAL WELLNESS

## Membership Information Packet (January 2019)

### **Questions? Contact us at:**

Loudoun Holistic Health Partners, 209 Old Waterford Rd. N.W., Leesburg, VA 20176  
Phone: (703) 779-2801 Email: [info@loudounholistic.com](mailto:info@loudounholistic.com)

**Visit our website:** [Loudounholistichealthpartners.com](http://Loudounholistichealthpartners.com)  
**Follow us on Facebook:** [Facebook.com/LoudounHolistic](https://www.facebook.com/LoudounHolistic)

**Thank you for your interest in Loudoun Holistic Health Partners' (LHHP) Concierge Medicine Program!**



Loudoun Holistic Health Partners is a patient-centered medical practice that offers prompt access to high-quality holistic medical care for each of our member patients.

We intentionally limit the number of patients we accept into our practice so that we can give each patient unhurried appointments as well as our complete, compassionate and undivided attention at every visit.

This information packet will help you decide if LHHP Concierge Medicine membership is right for you.

If, after reviewing the enclosed information, you would like to join our Concierge Medicine Program, you can submit your membership application via our website at <https://loudounholistichealthpartners.com/membership-application/>. We will email you the required membership forms upon receipt of your online application.

If you have questions after reviewing this packet, please call our office during regular office hours (Monday - Friday, 8 AM - 4:30 PM). We will be happy to answer your questions and we look forward to assisting you and your loved ones in experiencing peak health so that you can enjoy life to the fullest.

Best wishes,

David Stewart, M.D.

Anne Stewart, M.D.

# Loudoun Holistic Membership Categories & Payment Plans

MEMBERSHIP CATEGORY	Adult Payment Plan (For Ages ≥ 13 years)		Child Payment Plan (For Ages ≤ 12 years)	
	Monthly	Annual	Monthly	Annual
WELLNESS	\$299	\$3,229 <i>(Save \$359)</i>	\$239	\$2,581 <i>(Save \$287)</i>
RESTORATION	\$599	\$6,469 <i>(Save \$719)</i>	\$499	\$5,389 <i>(Save \$599)</i>
ELITE THRIVE	\$1,099	\$11,869 <i>(Save \$1,319)</i>	n/a	n/a
VITALITY	\$19.99	\$215.90 <i>(Save \$23.98)</i>	n/a	n/a

Multiple members from the same household will be given an additional **5% discount** on their membership fee.  
 A **one-time \$500 New Patient Fee** shall be added to above fees for each individual who is not a current LHPH patient.  
 A **\$1,000 non-refundable deposit is required** to reserve your membership.  
 A **3.5% surcharge** will be added for credit card / debit card membership fee payments.  
**No refunds shall be made for early cancellation of memberships.** <sup>10</sup>

## WELLNESS PROGRAM

The LHPH **Wellness Program** is designed for patients who have not experienced any chronic medical condition(s) for at least two (2) years. The goal of this program is to provide care and services for maintaining and enhancing the overall health and wellness of members. LHPH reserves the right to decide whether a patient qualifies for admission to the Wellness Program, or is more appropriately placed in the Restoration or Elite Thrive Program based on their current medical condition, medical history, and anticipated utilization of LHPH services. At its discretion and based on the member's medical condition and utilization of LHPH services, LHPH may require a member to change membership type during an active membership term.

## RESTORATION PROGRAM

The LHPH **Restoration Program** is designed for patients who are currently experiencing (or have recently experienced) one or more chronic medical conditions such as cancer, diabetes, heart disease, Lyme disease, etc. This program offers members a true primary care relationship with their LHPH doctor and health care team with the goal of fully restoring their health, wellness and vitality.

## \*\* ELITE THRIVE PROGRAM \*\*

The **Elite Thrive Program** provides the **\*\* ultimate value \*\*** for individuals who are either (1) experiencing a chronic/serious medical condition and who are fighting to restore their health, or (2) seeking to achieve/maintain a truly elite level of health and/or optimize their athletic performance. The **Elite Thrive Program** includes **many more wellness services** than those offered through the the Wellness and Restoration Programs. **See the Membership Benefits and LHPH Service Fee tables on the following pages for details.**

## VITALITY PROGRAM

Vitality members receive **discounts on a range of LHPH wellness services and nutritional supplements** (see page 5 for details). The **Vitality Program** includes **one complimentary Myer's cocktail, In-Body™ Body Composition Analysis, and Infrared Sauna.**

**See the Following Pages for Details on Plan Benefits for Each LHPH Concierge Membership Program**

## Loudoun Holistic Concierge Medicine Membership Benefits

LHP SERVICE	WELLNESS PLAN		RESTORATION PLAN		ELITE THRIVE PLAN <i>BEST VALUE</i>	
	Adult	Child	Adult	Child	Adult	Child
Executive Wellness Exam	YES	YES	YES	YES	YES	n/a
Physician Appointments 60 Minutes / Year	2	2	6	6	11	n/a
IV Myer's Cocktail Infusions (Per Year)	2	0	4	0	48	n/a
IV Vitamin C Infusions (Per Year)	0	0	0	0	12	n/a
InBody Body Composition Analysis	6	0	12	0	24	n/a
Infrared Sauna Sessions	6/year	0	12/year	0	48/year	n/a
Holistic Nutrition Consultation (Per Year)	1	1	1	1	4	n/a
Additional Benefits	Supplement Discounts, Access to Members-Only Resources (Webinars, Facebook Group, Favorite Recipes, Latest Medical Research, and more).					

**LOUDOUN HOLISTIC HEALTH PARTNERS MEMBERSHIP BENEFITS:**

SERVICE	ANNUAL MEMBERSHIP BENEFIT
<b>EXECUTIVE WELLNESS EXAM</b>	<b>1 PER YEAR</b>
• Complete Physical Examination	
• InBody™ Body Composition Analysis	
• Electrocardiogram with Interpretation	
• Dermoscopy Examination <sup>(1)</sup>	
• ABI Vascular Disease Screening	
• Spirometry (Lung disease screening)	
• 24-hour Ambulatory Blood Pressure Monitor	
• Audiometry (Hearing Evaluation)	
• Vision Screening	
• Urinalysis	
• Fecal Occult Blood Test (Colon cancer screening)	
• Iodine Patch Test	
• Laboratory Testing <sup>(4)</sup>	
<b>TEXT, EMAIL &amp; CALL YOUR DOCTOR ON YOUR SCHEDULE <sup>(6)</sup></b>	<b>AS NEEDED (Unscheduled / Urgent Medical Issues)</b>
<b>SAME DAY APPOINTMENTS (Fees Apply)</b>	<b>AS NEEDED</b>

## Loudoun Holistic Concierge Medicine Service Fee Schedule

*These fees shall apply to services received in excess of the number allotted for each service per plan year.*

*(See Membership Benefits Table above for services included with each Membership Category.)*

LHHP Service	Non-Member	Vitality Member	Wellness Member	Restoration Member	Elite Thrive Member
Physician Consultation (per hour)	N/A	N/A	\$500	\$200	\$200
Myer's Cocktail	\$179	\$139	\$139	\$99	\$99
Vitamin C Infusion*	\$249	\$219	\$219	\$189	\$189
Phosphatidylcholine Infusion*	\$179	\$149	\$149	\$149	\$149
Multi-ImmunoBoost (Myer's/Glutathione)	\$199	\$149	\$149	\$119	\$119
Enhance (Vit. C/Myer's Combo)*	\$299	\$269	\$269	\$229	\$229
Iron Infusion	\$229	\$189	\$189	\$169	\$169
Recover-Aid Infusion (Trace minerals/Amino acids)	\$249	\$219	\$219	\$199	\$199
Chelation Therapy	\$229	\$189	\$189	\$149	\$149
Magnesium Infusion*	\$89	\$59	\$59	\$39	\$39
Glutathione Infusion*	\$199	\$149	\$149	\$109	\$109
Infrared Sauna Session	\$29	\$19	\$19	\$10	\$10
InBody™ Body Composition Analysis	\$49	\$29	\$29	\$0	\$0
Nurse/Injection Visit	N/A	N/A	\$39	\$0	\$0
Nutritional / Herbal Supplement Discounts	N/A	5% DISCOUNT FOR ONLINE PURCHASES 10% DISCOUNT FOR PURCHASES MADE IN LHHP OFFICE			

**\*Price for some infusions varies according to the dosage administered. Please consult LHHP staff for more information.**

## MEMBER DISCOUNTS ON LHHP SERVICES

SERVICE	NON-MEMBER FEE	WELLNESS MEMBERS	RESTORATION/ ELITE THRIVE MEMBERS
ECG	\$100	\$69	\$49
URINALYSIS	\$30	\$20	\$10
RAPID STREP TEST	\$35	\$20	\$10
CERUMEN (EAR WAX) REMOVAL	\$75	\$35	\$25
IODINE PATCH TEST	\$35	\$20	\$0
ORAL ZINC TASTE TEST	\$35	\$20	\$0
NEBULIZER BREATHING TREATMENT	\$75	\$50	\$30
HOME SLEEP STUDY	\$400	\$200	\$50
AMBULATORY BLOOD PRESSURE MONITOR	\$200	\$150	\$100
CRYOTHERAPY (PER WART/LESION)	\$125	\$79	\$49
LACERATION REPAIR (SIMPLE)	\$250	\$175	\$100
SKIN BIOPSY (SIMPLE)	\$250	\$200	\$125
JOINT INJECTION (LARGE [KNEE])	\$225	\$175	\$125
JOINT INJECTION (MEDIUM [SHOULDER])	\$200	\$150	\$100
JOINT INJECTION (SMALL [FINGER])	\$175	\$125	\$75
INJECTION TENDON/BURSA	\$175	\$125	\$99
... CONTINUED			

## MEMBER DISCOUNTS ON LHHP SERVICES (continued)

SERVICE	NON-MEMBER FEE	WELLNESS MEMBERS	RESTORATION/ ELITE THRIVE MEMBERS
FECAL OCCULT BLOOD TESTING	\$100	\$75	\$40
AUDIOMETRY	\$50	\$35	\$20
SPIROMETRY	\$200	\$100	\$60
ABI ARTERY HEALTH TEST	\$150	\$100	\$50
TB SKIN TEST	\$30	\$20	\$10
GLUCOSE (FINGERSTICK TEST)	\$35	\$20	\$15
TRIGGER POINT INJECTION (UP TO 3)	\$175	\$125	\$90
URINE PREGNANCY TEST	\$50	\$35	\$20
TETANUS SHOT	\$125	\$75	\$50
<b>ADMINISTRATIVE SERVICE FEES</b>			
LOST TICKET FEE	\$25	\$0	\$0
LAB PROCESSING FEE	\$50	\$0	\$0
FAILED ACH/CREDIT CARD FEE	\$35	\$35	\$35
CREDIT CARD PROCESSING FEE	3.5%	3.5%	3.5%
MEDICATION PRIOR AUTHORIZATION	\$50	\$0	\$0
PHYSICIAN LETTER	\$50	\$0	\$0
FORM COMPLETION	\$25	\$0	\$0
RECORDS COPY	\$25 + \$0.2 per page	\$0	\$0





## **CONCIERGE MEMBERSHIP TERMS & CONDITIONS**

*(\*See Member Agreement for complete terms and conditions)*

1. A \$1000 non-refundable deposit is required to reserve an LHHP Concierge Medicine membership. The deposit will be applied to your membership fees when your new membership begins.
2. Services provided during Executive Wellness Examination will be age/gender appropriate and at the discretion of your LHHP provider. Choice of laboratory testing will be determined by your physician in collaboration with you. All laboratory tests will be drawn at outside laboratories. All billing will be handled by the specific laboratory and may or may not be billed directly to your insurance. Some laboratory fees are not included in the annual fee. Some laboratories require advance payment of fees which may need to be provided at the time of your blood draw.
3. Membership package includes set number of complimentary services, which vary depending on the membership level selected (see Membership Benefits table above). After complimentary services allotment is consumed, standard LHHP fees shall apply for any further usage. (See fee schedule above.)
4. After-hours communication with your LHHP provider via text and telephone call is limited to urgent medical matters.
5. Membership package includes access to house call visits when available and deemed appropriate by your physician. House calls limited to 2 per membership term. Same day appointments are for urgent care only and limited to published LHHP office hours. Standard LHHP fees apply to house call visits and same day appointments.
6. Not all services included in the LHHP Concierge Membership are appropriate for all ages and/or all persons. All LHHP services, including those included in Concierge Membership, require approval of an LHHP provider. No substitution of services allowed.
7. Services provided by non-LHHP-employed/owned practitioners/individuals/business entities are offered in cooperation with the named individual/practitioner/business entity and are subject to the pricing, policies and procedures set forth by the named individual/practitioner/business entity.
8. Engagement by LHHP providers/staff with your medical specialists and/or health insurance company does not, in any way, guarantee that your request(s) for medical care/services will be accepted/authorized by the medical specialist(s) and/or health insurance company. LHHP reserves the right to decline to participate in, or pursue, communication/approval/authorization with any entity when it determines said activity to be against the best interests of LHHP staff/providers or members.



9. Since opening, LHP has charged a higher office visit fee for a new Member's first appointment. Traditionally, new Members require more time and attention from all LHP staff. Therefore, new LHP Concierge Members require a New Member Appointment prior to receiving further Concierge Member services, including the Executive Wellness Exam. The New Member Appointment will allow your LHP physician to become familiar with your medical history and wellness needs/goals. The New Member Fee is \$500.
10. LHP Concierge Medicine Membership Fees are non-proratable and non-refundable. When you sign up for an LHP Concierge membership, you are committing to pay for a full 12 months of membership, even if you decide to terminate your membership before the completion of your membership term. LHP strictly limits the number of Members we accept during each membership term to ensure a superior quality of care for each Member. When a Member chooses to terminate their membership before the completion of their membership term it has a significant negative financial impact on our medical practice.

### **LHP Concierge Membership Terms**

(See Member Agreement for full Terms & Conditions)

#### **Active LHP Concierge Membership Requirements**

- Signed LHP Concierge Membership Agreement
- Timely Payment of LHP Membership Fees
  - \* Monthly and annual payment schedules available. Payment forms accepted:
    - Credit card (3.5% credit card processing surcharge applies) (\$35 fee for each failed credit card charge)
    - ACH Debit (\$35 fee for each failed/rejected ACH charge)
    - Check payments are accepted for annual memberships only.
- Payment of (Non-Complimentary) LHP service fees are required at time of service
- Compliance with LHP Office Policies

#### **Terms of LHP Concierge Membership**

- LHP Memberships are valid for one year (365 days).
- Unused membership benefits will not carry over to the subsequent membership term.
- Membership may not be canceled. Membership and member benefits are non-transferable.